

WARREN ADOPTS A HURRY-UP SLOGAN

Democratic State Chairman Urges Necessity of Getting Campaign Started Without Delay.

(Special to The Hustler.)

Raleigh, N. C., August 23.—With only ten weeks intervening between now and election day, Chairman Warren, of the Democratic State Committee, has adopted a hurry-up slogan, and is endeavoring to impress upon the local party managers and leaders in all the counties the necessity of getting the campaign formally started everywhere without further delay.

Every intelligent person knows how dangerous delays are, yet in some counties there has been a disposition to put things off that should be carefully looked after at once. The local speakers who have been disposed to balk at "hot weather" will now find the first fall month peeping at them just around the next corner—and they are expected to "get a move on them" without further parley and proceed to swat the enemy at every little meeting place available—wherever a few may assemble themselves together. It is at these little meetings, where one's neighbor tells him the truths and developments which ordinarily would not come to his knowledge, that the bed-rick, the ground work, of the year's campaign is laid. That is Chairman Warren's opinion, and it certainly sounds like the real thing. Closely connected with these little meetings is the opportunity thus presented for the precinct committeemen to get in some good work and pass it on up to the county chairman—one of the most desirable and effective, not to say indispensable, results being the proper polling of the voters of every precinct, as the State Chairman has been urging already. That is the way to start up the political machinery and get it in good working order.

A little later on, some of the big guns of the campaign (who can't be everywhere at the one time) will visit every county and help the cause along—and there's some mighty fine material booked for the bigger meetings. Then aside from the nominees for governor, and presidential electors at large, than whom it would be hard to find three more eloquent and convincing speakers in this or any state.

We want to make every effort to keep our hold on a majority in the new Congress, both House and Senate, for it looks every day now more and more like four more years for Woodrow. Bear in mind this injunction while you keep your eyes open in the several congressional districts where it is known the Republicans are making real efforts and using money to capture a new congressman.

Bickett Appointments. Attorney General Bickett, Democratic candidate for governor will speak at Asheboro Saturday August 26, and State Chairman Warren announces the following appointments for Mr. Bickett: At Nashville Monday, August 28; at Shelby, September 4; at Lillington September 5; Stanley County, September 9.

Elector Cam, Morrison's appointments for the immediate future are: At Raeford August 25; at Sanford August 26; at Lumberton August 29; at Fayetteville August 30; at Saint Pauls August 31.

Appointments for Elector Sinclair will be announced soon. Like his yoke-mate in this campaign, Mr. Sinclair is one of the finest campaigners in the State, and people will be delighted to hear these "big guns" discuss the issues of the day.

Root on the Other Leg. Despite the ancient assertion that figures don't lie, here are some that at least avoid the truth in a glaring manner. Mr. Candidate Hughes' campaign manager has just announced his first "fore-cast" of the season. Of course an attempt to figure out in August how the election will go in November is rather previous, and to that extent worthless. But this initial "forecast" of the Republicans, based on what they term "reasonably certain" votes, is as ridiculous as worthless, and will hardly serve the evident purpose of fooling somebody who knows no better.

Selecting exactly half the number of States this prognosticator ladies out an even 300 votes for Hughes, or 34 more than necessary to elect. These States he terms "reasonably certain," and then proceeds to add 100 more electoral votes which "probable" Republican States will yield his candidate.

Just how worthless such calculations are (except for possible effect on voters meanwhile) can be shown in a jiffy. For instance, in order to figure out a majority of the electoral college in the first list of "reasonably certain" States, this calculator includes West Virginia, New Jersey, New York, Ohio and Delaware. Those five States cast 94 votes, and they alone, with the "solid South" added, would give Wilson enough to elect, counting Maryland. Then there are Missouri and Kentucky left, with several doubtful western States to swell the Wilson vote to much larger proportions than Hughes men are now claiming.

Current News. The total of flood subscriptions in North Carolina now exceed \$40,000, but the reports from the damaged counties indicate that it will fall far short of meeting the situation, and if the amount were \$400,000 every dollar of it could be used in relieving actual distress. So, do not weary in well-doing.

That the State Bank officials of North Carolina are firm in their attitude concerning their right to collect charges for cashing checks on other banks was accentuated at a meeting of the North Carolina bankers held in Raleigh, about 100 being present at the conference. Action was taken to secure the permanent suspension of the Postmaster General's order requiring the collection of items at par through postoffices, and a steering committee was provided for to promote the carry-

ing out of plans adopted in a set of resolutions.

In a few weeks we will have with us again the Great State Fair, with its concomitant annual reunion of Tarheel folks—one of the most enjoyable features of the State Fair Week. Secretary Pogue and Assistant Secretary Denson are already booking many fine attractions for the amusement and education of visitors, and there was never more interest manifested by exhibitors. Another "record-breaker" seems to be assured for the third week in October, for the State Fair is a thing of perennial growth, both in size and attractiveness.

The report going the rounds of the newspapers to the effect that William Jennings Bryan is to quit Nebraska and locate on his farm in Western North Carolina, "with the intention of running for United States Senator," sounds more amusing than otherwise. As a Tarheel "Westerner" Mr. Bryan would not be "eligible" to contest for the Senatorship in 1918 and 1920. It is a long way ahead for a man of Mr. Bryan's age and political prospects. Simmons and Overman are not reported to be losing any sleep on account of it.

KEEP THE HOUSE COOL.

Some people make the mistake of keeping doors and windows open all day in hot weather. Of course the indoor air is precisely as hot as the outdoor air in that case. At night the air cools and in the morning the house will feel quite comfortable. If the doors and windows are all shut at 7 o'clock the shades drawn down very closely and kept drawn all day the rooms so closed will be fairly cool. There is no reason either, why the kitchen heat should go all over the house, as it will unless the door leading from the kitchen is kept closed. This may seem to be a good deal of trouble but when the dishes are washed and the tired worker can slip into a cool, dark room and lie down for an hour's rest the effort to keep one's place cool will seem worth while.

If there is an attic in the house the windows should be kept open constantly. By taking off the side stops and tipping the windows in from the top, holding them by a light strip nailed from the top of the sash to the casing so that they never change position the hardest storm will not beat in and the upper rooms will be saved a great deal of heat. Sometimes a north window is so shaded that it can be left open, thus giving a slight change of air. When we remember that heat, just merely heat, may produce sickness and even death by its exhausting effect, especially upon a baby or elderly person, these little precautions will never seem too much trouble.

A sickroom in summer is often a place of torment, greatly hindering recovery. Some degree of coolness may be had by hanging a sheet in the room over a wire so that its lower edge to the depth of a foot is in a tub half full of water. A window on the south or west side of the house makes a very undesirable sickroom in summer. If possible it should be shaded by an awning or some device to prevent the sun's rays from striking the glass. A sick child with fever should have a cool sponge bath every few hours, being careful that no draft strikes the wet skin.

Ice cream is one of the best summer foods and every farm home should be provided with the means of making it easily. Fruit ices are somewhat easier to make than ice cream and almost as good. Here is a formula for a simple lemon ice which is fine. Juice of two lemons, scant cup of sugar, one cup boiling water. Boil together and cool, then add slowly 1 pint of sweet milk turn into freezer and freeze. Crush the ice and use one pint of salt to two of the ice. May be made the last hour before using.—National Farmer and Stockman.

HOW THE FARMERS HELP THE GOVERNMENT.

Nearly 770,000 persons largely successful farmers, are now aiding the U. S. Department of Agriculture by furnishing information, demonstrating the local usefulness of new methods, testing out theories, experimenting and reporting on conditions in their districts—by helping, in short, in almost every conceivable way to increase the knowledge at the service of the people. This army of volunteers receives no pay from the Government. Many of these cooperators are actuated solely by a wish to be of service to their neighbors. Other take part in this work because of their own keen interest in testing new methods, or in trying out for themselves crops either new to their own sections or imported from foreign countries through the Department's plant explorers.

It is estimated by the government agricultural authorities that at least one farm out of every twenty is working in some way with the Department of Agriculture and thus has become a center of advanced agricultural information for its community. In addition to the farmers who work directly with the Department of Agriculture, there are thousands of others who render a similar valuable service to the scientists and field workers of the State agricultural colleges and experiment stations.—Farm Life.

YOU SELDOM GAIN WEIGHT AFTER SEVENTY YEARS OLD.

In the August American Magazine, Thomas Kane, seventy-nine years old, says:

"I think it is unusual for a man to increase his weight after he is seventy. It took me more than ten years to bring up my weight from one hundred and thirty-four to one hundred and forty-five pounds. I now weigh one hundred and fifty-four pounds, having gained nine pounds during the past year."

Mr. Kane is the exception which proves the rule.

Mr. Hughes' Americanism may be sincere, but the Americanism of that cabal that seems to possess him doesn't look attractive.

How to Keep Our Babies Well During the Summer

Summer is a poor time to experiment. No matter what food a baby is taking, if he is thriving or even holding his own upon it, don't borrow trouble. Let well enough alone and when cool weather comes we can arrange a more stimulating diet, even though we may be sure he is not getting the very best food now.

In feeding cow's milk during the summer months, the following suggestions may be beneficial. Get the freshest cow's milk possible, and unless you can rely upon its freshness, which is difficult, boil it 10 minutes and keep on ice. Sterilize the bottles and nipples daily and keep them away from flies. Sterilization and pasteurization of milk does not make a milk good, but simply keeps it from getting worse than when received hence the quicker the heating is done the better.

Do not use cream in hot weather. Cream is a great heat producer, and is not only unnecessary in hot weather, but as it takes digestion is a positive danger. Do not permit signs of undigested milk to show in the stools. In the winter, or with breast-fed babies, this may do little harm, but in the summer it is a danger signal showing that the food is too strong and demands further modification. Do not over-feed babies. There is much more danger in over-feeding than in under-feeding. A safe rule for the proper quantity to be fed a baby is to give one ounce more than its months of age. For instance, at birth feed one ounce; at one month two ounces; four months, five ounces; and so on up until eight ounces or possibly ten. Never feed more than ten ounces at any age. No rule will fit every case, and strong babies may require one-half ounce more than the calculated quantity, or frail babies one-half ounce less. Do not dilute the stomach by using an excessive quantity. Intestinal irritation produces the same symptoms as hunger, and if seeming unsatisfied after the proper quantity has been given there may be other explanations than hunger.—"Baby Specialist," in August Southern Woman's Magazine.

SANDWICHES FOR SUMMERTIME.

Sandwiches, that necessity to the complete picnic lunch, and delicious plate to serve at luncheon, is to be prepared in numerous ways, with any number of different kinds of fillings. The Christian Science Monitor gives some excellent new sandwiches as follows:

Nut Ham Sandwiches.—Cut bread in quarter-inch slices, butter sparingly. Mince cold ham, moisten it with cream, and season with salt and mustard; also a dash of red pepper. Chop nuts and moisten them with mayonnaise. Place between bread slices a layer of the ham mixture, then one of the nut mixture, fold in a damp cloth, press under a weight, and keep cool. When ready to serve cut into fingers.

Olive and Tongue Sandwich.—Stone and mince olives and pound them to a paste with white pepper. Spread one slice of thinly cut bread with this mixture and the other slice with finely chopped tongue, and press together. **Chicken and Egg Sandwich.**—Rub a bowl with onion. Into it put ground chicken and four hard-boiled egg yolks, mashed. Season with minced parsley, lemon juice, onion juice, chopped celery, pepper and salt. Moisten with melted butter, olive oil, or mayonnaise.

Chicken Cream Sandwiches.—Cook together one cup of minced bread of chicken, two stalks of celery, a half pint of thick cream three tablespoons of flour, one boiled mashed onion, two tablespoons of butter and bouillon to moisten. When cooked, add the stiffly beaten whites of two eggs, a little lemon juice, salt and red pepper. Let stand in a mold 12 hours on ice, then spread between fancy slices of bread.

Cheese Butter Sandwiches.—Beat well together a half cup of butter beaten to a cream, six tablespoons of sharp cheese, grated, one teaspoon of made mustard, one teaspoon of anchovy paste and two tablespoons of Worcestershire sauce. Spread on thin bread.

Bacon Sandwiches.—Butter thin slices of toast, spread with peanut butter mixed with cream, lay in a piece of broiled bacon and a small lettuce leaf, and cover with another slice of toast. These are delicious served hot on a cool day.

Nasturtium Sandwiches.—Lay a nasturtium leaf on a full slice of buttered bread; cover it with mayonnaise dressing. Fold the slice together and cut the shape of the leaf, allowing the stem to extend beyond the edge of the sandwich. Never use much dressing, for the nasturtium is so savory itself. A lettuce leaf sprinkled with the chopped stems of the blossoms and mayonnaise, may be substituted for the nasturtium leaf.

Raisin Sandwiches.—Cut brown whole wheat, graham or rye bread into thin slices and butter them. Make a filling by putting through the grinder equal portions of seeded raisins and English walnuts. Mix to the consistency of a paste by adding a few drops of water and a few drops of lemon juice.

An Unusual Egg Sandwich.—To six hard-boiled eggs and one large onion chopped fine add mayonnaise dressing. Spread on thin slices of bread. **Egg and Peanut Sandwiches.**—Run through the nut-butter part of the chopper 1 cup of salted peanuts and four hard-boiled eggs. Moisten the mixture with thick cream. Spread on thin slices of white bread.

Cure for Cholera Morbus. "When our little boy, now seven years old, was a baby he was cured of cholera morbus by Chamberlain's Colic, Cholera and Diarrhoea Remedy," writes Mrs. Sidney Simmons, Fair Haven, N. Y. "Since then other members of my family have used this valuable medicine for colic and bowel troubles with good satisfaction and I gladly endorse it as a remedy of exceptional merit." Obtainable everywhere. adv.-Aug.

SEASONABLE FARM NOTES.

Again this season demonstration agents are urging upon farmers the importance of growing something on the land in winter as well as in the summer. Such crops serve the double purpose of reducing winter washing and leaching and the production of food and feed crops.

It has been found that lands which lie bare in the winter often lose more plant food by leaching and washing than is used up by the crop that grows on the land in the summer. Winter-growing crops may also be used largely for grazing purposes. They come at a time when forage is usually scarce.

There are a number of crops suitable for winter growing in this State. Probably the most universal winter cover crop is rye. This has the advantage over some other crops, in that it is easy to grow, does not winter-kill, and produces a large amount of vegetable growth to turn under for soil improvement. It has one disadvantage, in that it is not a legume. But for poor soils, where clover will hardly succeed for late planting and a safe crop, it is very commendable.

The best variety of rye to plant is Abuzzi rye. This grows more rapidly during the first part of the season than ordinary varieties. It grows upright instead of spreading flat on the ground, and for that reason is much more suitable for grazing. Its total growth, too, is larger than that of ordinary rye. All farmers who can procure the Abuzzi variety should plant it in preference to others.

Among the clovers that are suitable for growing in this State may be mentioned Bur, Crimson and White Blooming Clover for the eastern part of the State. Red Clover is better adapted to the western half of the State.

There are several grasses admirably adapted as winter cover crops for grazing and for cutting for forage. It is usually better to plant a mixture of several than to rely on one alone. The following formula has given excellent results, yielding two or three cuttings of good hay per season and occupying the land from three to four years without reseeded. It also furnishes splendid grazing:

Tall Meadow Oat Grass, one-half bushel; Orchard Grass, one-half bushel; Italian Ryegrass, one-half bushel; Timothy, eight pounds. With this should be mixed ten pounds of Red Clover for the western half of the State and five pounds of Crimson Clover for the eastern half of the State. On moist lands Alsike Clover may be substituted for Crimson.

The above amount, when mixed and planted on an acre, gives a very heavy seeding, but it has been found advisable to seed that way with these grasses.

Hairy Vetch makes a good winter cover crop and soil improver; but if intended for mowing, it should be planted with oats or some other upright plant for it to climb on. Both Bur Clover and Hairy Vetch will re-

the land if managed properly.

Two other important crops should not be neglected for the next few weeks. They are rape and rutabaga and other varieties of turnips. Rape furnishes splendid grazing for livestock and produces better salad than turnips. It should be sown at the rate of ten pounds of seed per acre when broadcasted. Both rape and turnips should be planted on rich land or well fertilized.

Most of the failures in planting winter cover crops are due mainly to two causes, namely: poorly prepared soil and late planting. Farmers who expect to grow any of these crops should prepare the land well right away, buy their seed, if they did not grow them last season, and be ready to plant when the proper time arrives. County demonstration agents are urged to be prepared to help farmers in the matter of buying seed, preparation of land, time of planting, inoculation, etc.—Extensive Farm News.

WHY COURTESY PAYS.

In the August American Magazine a writer says:

"I soon learned that the average woman, with the burden of housekeeping on her shoulders, is the most irritable and unresponsive creature alive. A delivery ten minutes late can bring on your head a mighty wrath, a wilted lettuce can lose you your best customer. I had to stand between these women and overworked delivery boys, careless shipping clerks, and sometimes inferior goods. One instance: A woman was to give a dinner party. Her groceries arrived almost at the last minute with the fish order filled 'correctly.' 'My dinner is spoiled,' she cried distractedly over the 'phone.' 'I never will spend another cent with you as long as I live.' Woman is built for fortitude, not responsibility. I shouldered the responsibility and persuaded her to hear with me until I could rectify the mistake. It took much soothing; a hint of irritation on my part would have spoiled everything. As it was, fifteen minutes later a messenger boy was delivering the fish at her door; we had kept our customer and made a lasting friend."

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